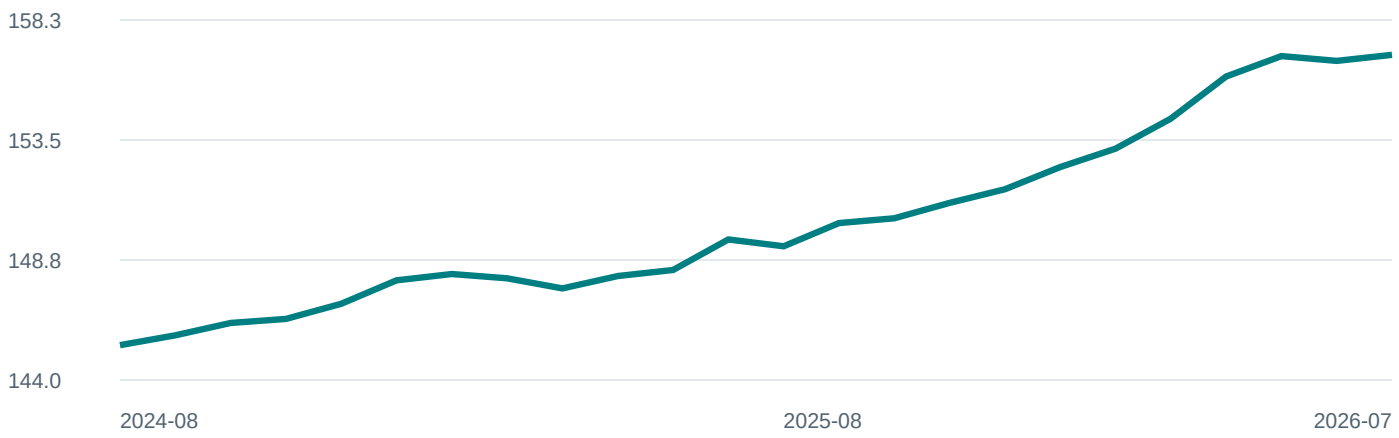
Retail Protein

PPI reference month: **2026-07** | Monthly database report

156.92	+0.15%	+4.89%
Final demand PPI index	Change from previous month	Change from year earlier

Final demand PPI trend



Largest retail food moves this month

Cheddar cheese: **-3.69%**

Ground beef, lean/extra lean: **-2.77%**

American processed cheese: **+2.59%**

Eggs, Grade A large (dozen): **+2.34%**

How to read this report

Each series uses the latest database observation at or before the PPI reference month. Page 2 shows the observation month explicitly; older observations are marked *. Changes use exact prior-month and prior-year observations. -- means unavailable. PPI data are subject to revision.

Source: U.S. Bureau of Labor Statistics Public Data API (api.bls.gov). Final demand PPI: WPSFD4, seasonally adjusted. Retail prices: national averages, not seasonally adjusted. CPI all items and food at home are seasonally adjusted. Unemployment is seasonally adjusted. Changes are calculated from stored database values.

Historical reconstruction prepared November 21, 2026 from the November 12, 2026 database snapshot. Values may include later revisions; this is not an original release-date edition.

Monthly data dashboard

Reference month 2026-07 | Prices in USD per pound unless another unit is shown

Series / unit	Month	Value	MoM	YoY
American processed cheese	2026-07	$4.750	+2.59%	-3.26%
Bacon	2026-07	$6.580	+0.30%	-7.58%
Beef steaks, all uncooked	2026-07	$13.060	+1.40%	+9.93%
Butter, salted Grade AA *	2012-04	$3.180	-5.36%	-14.52%
Cheddar cheese	2026-07	$5.740	-3.69%	-4.97%
Chicken breast, boneless	2026-07	$4.150	-0.72%	-1.19%
Chicken legs, bone-in	2026-07	$1.720	+1.78%	-4.44%
Chicken, whole fresh	2026-07	$2.010	-1.47%	-3.37%
Chuck roast, boneless	2026-07	$9.630	+0.84%	+14.10%
Eggs, Grade A large (dozen)	2026-07	$2.190	+2.34%	-39.17%
Ground beef, all uncooked	2026-07	$6.890	+0.88%	+10.24%
Ground beef, lean/extra lean	2026-07	$8.410	-2.77%	+4.60%
Ground chuck	2026-07	$6.850	-1.86%	+8.04%
Ham, all	2026-07	$4.490	+0.67%	-3.65%
Ham, boneless	2026-07	$5.490	-0.36%	-3.51%
Ice cream (half gallon)	2026-07	$5.840	-1.85%	-8.32%
Milk, whole fresh (gallon)	2026-07	$4.310	-0.23%	+3.61%
Pork chops, all	2026-07	$4.244	-2.12%	-2.05%
Pork chops, boneless	2026-07	$4.570	+0.22%	-2.56%
Pork chops, center-cut bone-in *	2026-05	$4.910	+6.74%	+8.87%
Round roast, boneless	2026-07	$9.160	+2.23%	+15.80%
Short ribs, bone-in *	2011-05	$4.670	+6.14%	--
Sirloin steak, boneless	2026-07	$14.590	+0.97%	+7.68%
CPI, all urban consumers (index)	2026-07	332.81	+0.07%	+3.30%
CPI, food at home (index)	2026-07	321.22	-0.07%	+2.61%
PPI, final demand (index)	2026-07	156.92	+0.15%	+4.89%
PPI, pork (index)	2026-07	162.12	-2.08%	-14.09%
Unemployment rate (%)	2026-07	4.10	-2.38%	-4.65%

* Older observation; no current-month value is shown. Historical values may refer to discontinued series. T-bone is excluded because its BLS series returns no current observations and the former script targeted the sirloin table. The all-uncooked-beef-steaks mapping is corrected to APU0000FC3101.

Unemployment changes above are relative percent changes in the rate, not percentage-point changes. Database column precision can round BLS values. Series IDs, all stored observations and API availability are retained in the JSON file alongside this PDF.

Protein MoM detail

2026-06 to 2026-07 | Retail prices in USD per pound

Combined price is an equal-weight average of the listed series with observations in both months. The dollar difference is current minus prior average; MoM is that difference divided by the prior average. These are descriptive averages, not sales-weighted BLS indexes. Broad categories and individual cuts can overlap.

Beef

Series / combined average	2026-06	2026-07	Difference	MoM
Combined (7 of 8 series)	**$9.757**	**$9.799**	**+$0.041**	**+0.42%**
Beef steaks, all uncooked	$12.880	$13.060	+$0.180	+1.40%
Chuck roast, boneless	$9.550	$9.630	+$0.080	+0.84%
Ground beef, all uncooked	$6.830	$6.890	+$0.060	+0.88%
Ground beef, lean/extra lean	$8.650	$8.410	-$0.240	-2.77%
Ground chuck	$6.980	$6.850	-$0.130	-1.86%
Round roast, boneless	$8.960	$9.160	+$0.200	+2.23%
Short ribs, bone-in	--	--	--	--
Sirloin steak, boneless	$14.450	$14.590	+$0.140	+0.97%

Pork

Series / combined average	2026-06	2026-07	Difference	MoM
Combined (5 of 6 series)	**$5.085**	**$5.075**	**-$0.010**	**-0.20%**
Bacon	$6.560	$6.580	+$0.020	+0.30%
Ham, all	$4.460	$4.490	+$0.030	+0.67%
Ham, boneless	$5.510	$5.490	-$0.020	-0.36%
Pork chops, all	$4.336	$4.244	-$0.092	-2.12%
Pork chops, boneless	$4.560	$4.570	+$0.010	+0.22%
Pork chops, center-cut bone-in	--	--	--	--

Chicken

Series / combined average	2026-06	2026-07	Difference	MoM
Combined (3 of 3 series)	**$2.637**	**$2.627**	**-$0.010**	**-0.38%**
Chicken breast, boneless	$4.180	$4.150	-$0.030	-0.72%
Chicken legs, bone-in	$1.690	$1.720	+$0.030	+1.78%
Chicken, whole fresh	$2.040	$2.010	-$0.030	-1.47%

-- means an exact-month observation or comparison is unavailable. Unmatched series are shown for context and excluded from both combined averages; older observations are never substituted.